

Mind, Body, Fitness Yoga

PRESENTS

200 Hour Yoga Teacher Training



Become a confident yoga teacher or deepen your personal practice by joining Cynde and Hannah in an 8 week Yoga Alliance Certified Teacher Training. There are no prerequisites for the training - **ALL LEVELS WELCOME!**

Training begins Friday, January 4th and ends February 28th, 2019

Tuesday 5-9pm

Friday 5-9pm

Saturday 8am-5pm

Sunday 8am-5pm*

Cost of training is \$2,200

which includes a \$200 non-refundable deposit due at time of registration.**

Register by September 10th and save \$200!

Reserve your spot today!

Contact Cynde @ 575-491-2479

or Hannah @ 575-921-8561

*Class will not meet the following Sundays: Jan 6 & 20, Feb 3 & 17.

**Additional cost of \$50 for required books.

Payment plan options are available for those who need it.